

# BILVAVI

## BUILDING A SANCTUARY IN THE HEART

## לחיות את הפרשה

KI SAVO #464

וְשִׂמְחָתְךָ בְּכָל הַטּוֹב אֲשֶׁר נָתַן לְךָ ה' אֱלֹהֶיךָ (דברים כו, יא)

"You shall rejoice with all the goodness that Hashem, your G-d, has given you"

### THE DEEPEST JOY

The deepest joy is when one is connected to his source, the wellsprings of *יש מאין*, existence from nothingness. This constant newness, felt in his soul, is the source of immense joy.

### IN PRACTICE

A person must gradually remove from himself every aspect that isn't truly himself. In this manner, slowly but surely, he connects to himself, to his source, and he constantly becomes new there, and that is the root of his happiness.

EXPANDED BASED ON EDITORS UNDERSTANDING

### THE DEEPEST JOY

A person must connect to his source, to whom he truly is, and to serve Hashem in his own individual way.

For example, there are people who prefer sweet foods, and there are those who desire to eat sharp foods. There is no right and wrong. Each person was created differently, and each person has a right to live his life according to the way he sees the world. Another example is Rosh Hashanah. Is Rosh Hashanah a day of immense joy or a day of immense fear? This will depend on each person's temperament and nature. There isn't necessarily a right and wrong. When a person connects to whom he truly is, he will serve Hashem in accordance to his personal tendencies. Another example is regarding studying Torah. Should I study *iyun* or *b'kiyus* (in depth, or superficially)? Should I review many times, or should I go further? Should I learn *halachah* or *Gemara* or *midrashim*? There are several other questions people ask when it comes to Torah study and *avodas* Hashem, and the basic answer is that a person has to discover who he is, what is his personal route in *avodas* Hashem, and to follow that path.

### PRACTICAL APPLICATION

A person must gradually remove from himself every aspect of his behaviors that aren't truly himself. He should discover the style of *avodas* Hashem that talks to his heart, and to follow that path. He will serve Hashem with his truth, and that will be the root of his happiness.

ORIGINAL HEBREW  
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