

לחיות את הפרשה LIVING THE PARSHA

יְבַר אֱלֹהֵי כָּל עֵדוּת בְּנֵי יִשְׂרָאֵל וְאָמַרְתָּ אֲלֵהֶם קְדָשִׁים תִּהְיוּ כִּי קָדוֹשׁ אֲנִי ה' אֱלֹהֵיכֶם (ויקרא יט, ב)

"Speak to the entire assembly of Bnei Yisrael and say to them:
You shall be holy for holy am I, Hashem, your G-d" (Vayikra 19:2).

PRISHUS ACCORDING TO HIS LEVEL

Chazal translate קְדָשִׁים תִּהְיוּ as פְּרוּשִׁים תִּהְיוּ, "You shall separate yourselves." This is because in addition to separating oneself from *aveiros* – which everyone must do – there is a form of פְּרִישוּת - separation, that is individual, in accordance to each person's level.

When a person knows all the details of the *madreigah* that he is on, then his *avodah* is that for every matter, he should separate himself a drop beyond his present level. This is how he keeps the *mitzvah* קְדָשִׁים תִּהְיוּ.

IN PRACTICE

A person should find one area of his self where he knows his level and tendencies precisely, and he should separate and sanctify himself a drop from that place. Thereby, he attains the attribute of *prishus* in his *nefesh*. He acquires the *middah* of *prishus*. It won't solely be the act of separating himself from some matters.

[EXPANDED BASED ON EDITORS UNDERSTANDING]

PRISHUS ACCORDING TO HIS LEVEL

Chazal translate קְדָשִׁים תִּהְיוּ as פְּרוּשִׁים תִּהְיוּ, "You shall separate yourselves." This means one should separate and elevate oneself above the lowliness of this world and its vain temptations. This is how he keeps the *mitzvah* קְדָשִׁים תִּהְיוּ, "You shall be holy".

Everyone must separate himself from *aveiros*. In addition, there is a form of פְּרִישוּת, separation, that is individual, in accordance to each person's level. A drop of improvement and growth is all that's needed, and this will greatly sanctify him before Hashem.

Actually, *prishus* should be practiced in all areas of his life, but one doesn't begin with everything at once. One begins in having *prishus* in one area. He should begin in a place that he knows exactly his level, and he will understand where and how to practice *prishus* there. His *prishus* will then spill over from there to all other parts of his existence.

PRACTICAL APPLICATION

A person should find one area where he knows his level and tendencies. He should practice a drop of *prishus*, to rise one step higher, in that realm. He won't only be performing *prishus*, he will be acquiring the attribute of *prishus*. *Prishus* becomes part of his essence, and it will spread to many other areas of his life.