

לחיות את הפרשה LIVING THE PARSHA

פֶּלֶג נְדִיב לְבוֹ יְבִיאֶהָ אֶת תְּרוּמַת ה' (שמות לה, ה)

"Everyone whose heart motivates him should bring it as a gift for Hashem..." (Shemos 35:5)

כח הנתנה בנפש

המשכן חלקו נבנה מנדבת לב הנוודים.

בלב האדם יש שני כוחות הפכיים: א. כח לתת ב. כח לקבל.
בניין המשכן בא לבנות בנפש את כח הנתנה. ורק כאשר
האדם בונה בנפשו את **כח הנתנה**, אזי השכינה יכולה לשרות
בתוכו, כי הוא נעשה מעין הבורא, שנותן, נותן, ונותן.

למעשה

על האדם להרגיל את עצמו לבנות בנפשו את כח הנתנה
באופן עקבי ומעשי. וצורת הקביעות; שכל יום, לתת ולו נתנה
קטנה **מתוך מודעות**. ולא ילך ללון, עד אחר שעשה פעולה
אחת - ולו קטנה - של נתנה מתוך מודעות של נתנה.

THE NEFESH'S ATTRIBUTE OF GIVING

In part, the Mishkan was built due to the generosity of the donors.

In a person's heart, there are two opposing strengths: (a) to give (b) to receive.

The mitzvah to construct the Mishkan was to develop the **trait of giving** within each *nefesh*. The *Shechinah* resides with a person solely after he acquires the attribute of giving because then he has a similarity to the Creator Who gives and gives and gives.

IN PRACTICE

A person must develop in his *nefesh* the character trait of being a giver. This is achieved when one performs a deed of kindness every day – it can be even a small deed – and he should consciously intend that he is developing the attitude of giving. He shouldn't go to sleep at night before he has performed a kind deed, and a small, kind deed, with mindfulness that he is developing in himself the attribute of giving.

[EXPANDED BASED ON EDITORS UNDERSTANDING]

THE NEFESH'S ATTRIBUTE OF GIVING

The Mishkan was built with the donations of Bnei Yisrael. This is because the Mishkan was established to create a location where the Shechinah resides, and the Shechinah resides in a place where there is generosity.

In a person's heart, there are two opposing strengths: (a) to give (b) to receive.

Most people are more interested in receiving, but with repeated giving, peoples' nature will change, and giving will become their greatest joy and desire.

PRACTICAL APPLICATION

A person should seek to do a *chesed*, at least once a day. He shouldn't go to sleep at night if he didn't perform a deed of kindness that day. A small, kind deed is sufficient, but it has to be every day. When he does deeds of kindness, his intention should be to turn himself into a kind, benevolent person, and not someone who thinks solely about himself. In this manner, he will resemble the *Shechinah* Who gives constantly.