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## לחיות את הפרשה LIVING THE PARSHA

הוֹדָה אֲתָה יוֹדֹה אֶחָיךְ (בראשית מט, ח)  
"Yehudah, your brothers will admit to you" (Bereishis 49:8)

### מודה על האמת

הוֹדָה אֲתָה יוֹדֹה אֶחָיךְ (בראשית מט, ח)  
האמת, כמ"ש צדקה ממן (בראשית לה, כו).  
כאשר האדם דבק להודות על האמת, הרי מכח בן הוא  
בhcרכח יכיר את הקב"ה תדיר, שחוותמו אמת. וככל שהוא  
אין מודה על האמת, בן לאט לאט דעתו נעשה בלתי  
מודיעיקת בכל עניין ועניין, ועי"ז הוא מתרחק מזו האמת.  
אולם אם האדם דבק תדיר בכל עניין ועניין שעוסק בו  
לחפש את האמת ולדבוק בה, אך לאט לאט יגיע בנפשו  
להקחת ברורה יותר ויותר, ומכח כך יגיע להכיר את אמתות  
הוינו ית', שהוא אמתות המציאות.

### למעשה:

מעט לעת על האדם להריגל את עצמו להיות פשוט  
ואמיתי' בכל עניין שעוסק בו. להיות פשוט, חלק ודבק  
באמת, ללא התחכਮויות כלל. וכך נעשה ישר, אמיתי, ועם  
דקדושה.

### Admit to the Truth

Within the name are the letters הוֹדָה, which means מודה, to admit, as Yehudah said, "She is correct, it is from me" (Bereishis 38:26).

When a person ascribes himself to confessing the truth, he will certainly recognize Hakadosh Baruch Hu always, for the seal of Hashem is "truth". When a person doesn't admit to the truth, his mind gradually begins to think inaccurately regarding every topic, and he becomes distant from the truth. However, when a person is committed to pursuing the truth with everything he does, gradually, he will attain greater clarity in his soul, and he will recognize the truth of Hashem's existence, and know that it is true.

**In Practice:** A person should accustom himself to be simple and true with everything he does. He should be simple, smooth, and attached to truth, without any cleverness, at all. Thereby, he will be straight, true, and whole with his *kedushah*.

[EXPANDED BASED ON EDITORS UNDERSTANDING]

### ADMIT TO THE TRUTH

**Truthfulness** is to think, speak, and act solely with truth. When one does so, he will recognize Hashem because Hashem's seal is "truth".

The contrast results with distance from Hashem, and with confusion because he isn't able to differentiate between truth and falsehood. He isn't able to confess his faults because he can't admit to the truth, not even to himself.

Within the name are the letters הוֹדָה, which means מודה, to admit, as Yehudah said, "She is correct..." (Bereishis 38:26). One has to know when he is wrong, and one has to know how to serve Hashem with truth. Primarily, one has to know the primary truth, which is emunah in Hashem. These are attained when one's pursuit is to be truthful, always.

### PRACTICAL APPLICATION

**Truthfulness** should be your constant companion. Think, speak, and act truthfully, and you will know the truth, confess to the truth, and most importantly, know Hashem, whose seal is truth.